SMMPP'S

GANPATRAO ADKE INSTITUTE/COLLEGE OF NURSING, NASHIK

WORLD HEART DAY REPORT

29 SEPTEMBER 2025

THEME

"DONOT MISS A BEAT".

DATE: 29/09/2025

TIME: 02:00 PM

VENUE: LECTURE HALL GAIN, NASHIK

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- Each year, cardiovascular disease (CVD) claims over 20.5 million lives. Up to 80% of premature CVD deaths are preventable through affordable access to care, early screening, and more opportunities to make healthy choices in nutrition and stay active. That's why on World Heart Day, we unite across six continents to raise awareness, inspire action, and celebrate heart health.
- This year, 2025, the World Heart Day theme is "Don't Miss a Beat". This theme emphasizes the importance of continuous vigilance in heart health, encouraging individuals to be proactive by not ignoring warning signs, maintaining healthy habits, scheduling regular check-ups, and seeking timely medical attention to prevent cardiovascular disease-related deaths.
- At 02: 00 Pm: - World Heart Day program started.
- Mrs. Kumari Nutan Principal Ganpatrao adke college of nursing Nashik given Introductory speech on world heart day. Warning signs of heart disease, preventive measures, diagnostic evaluation and treatment, importance of creating awareness among people regarding healthy heart highlighted.
- Mr. Raghavendra N S, Asso.Prof. Ganpatrao adke college of nursing Nashik given speech on world heart day theme 'don't miss a beat' present statistics of heart disorders, about heart function, healthy heart life style, cardiac rehabilitation programme etc.
- all students and teaching staff were attended the program.
- Finally, programme concluded at 4:00 pm

INTRODUCTORY SPEECH ON WORLD HEART DAY BY PRINCIPAL MRS. NUTAN KUMARI GACN, NASHIK





LECTURE ON WORLD HEART DAY BY MR. RAGHAVENDRA N S GACN, NASHIK